

HEALTH AND WELLNESS FOR WOMEN



HEATHER NOEL NELSON
FOR WALWORTH COUNTY SUNDAY

Women from throughout the area took the opportunity to learn about health and wellness last weekend in Lake Geneva at the Women's Resource Fair. The event featured practitioners, organizations and businesses in the area of holistic health and wellness, retreats and spas, holistic products, organic foods and nutrition, green home and organic gardening, empowerment and counseling, body-work and movement and education. Above, Eric and Shelley Rose, of River Valley Kitchens in Burlington display their sustainably grown, farm-fresh goods. At right, Sarah Schuster of Clear Water Outdoor, answers questions after hosting a fashion show.

