

## **How to Select the Right Socks**

When engaging in outdoor sports and other sporting activities, you want to be certain to wear the right clothing items and accessories so as to give it your all when enjoying your outing. Some of the items you want to choose carefully are outerwear, shoes and even socks. With regard to the latter category, picking a good pair of [quality socks](#) can help to make the activity that much more successful as you want to be comfortable when taking part in the sport. There are a few ways to go about selecting the right pair of socks to ensure optimal performance in your sport activity.

### **Choose Quality When Purchasing Socks**

Many individuals make the mistake of buying inexpensive socks for their outdoor sporting activities. Some individuals feel that their socks will endure such wear and tear that it isn't worth the money to pay a lot for socks which will wind up getting ruined whereas others simply don't want to spend the cash. However, if you buy quality socks you will find that they endure the wear and tear all the while keeping your feet properly covered and protected during the activity. In addition, pricier socks often stand the test of time better than cheaper socks do.

### **Consider the Activity When Buying Socks**

You should also keep in mind what type of activity you will be engaging in when buying the socks. Certain sock styles go better with specific activities. By knowing the activity you will be wearing the socks for, you will have a better fit overall and be able to choose the pair of socks that are appropriate for the sport you are engaging in.

### **Type of Cushion the Socks Offer**

The cushion factor regarding socks is one which should be given a good amount of thought. Proper cushioning will often dictate if you have sore feet or not when you are done with the activity. Keep in mind that the more cushion you have on the sock the larger the shoe you may need as you don't want your feet to be crowded. This is why you need to consider the type of shoes and socks you are going to wear with each activity prior to engaging in it.

### **Sock Materials**

It is crucial to choose the right material for the socks you choose. Many materials are specialized by sport and activity. Running socks for example are designed to create low friction and wick moisture away from your skin; whereas many wool socks are designed for warmth and hiking comfort. Be sure to review the material the socks you have in mind are made of. As a general rule, for most outdoor activities stay away from cotton.

## **Know What Shoes You Will Wear with Your New Socks**

It is really important to know what shoes you will be wearing with your new socks as this will affect the overall fit. Most of the time this is an easy determination to make as you will have particular shoes which you always use for mountain biking, hiking or rock climbing and know how the shoes and socks will fit together. With that said, it is important to stress the correlation between a good shoe/sock fit in order to give you the best traction and make blisters less likely to occur.

## **Where to Find the Right Pair of Socks**

Now that you know why you should choose socks that fit well with your desired shoes, are made of quality materials and have the right cushioning, you ultimately need to know where you can find socks of this type. The best place to buy socks for outdoor activities and sporting activities in general is through a specialty outdoor retail store which sells socks of this type. A retailer that specializes in selling quality socks for outdoor activities not only will provide you with high quality items but also will give you the best price for them. In addition, the convenience you will find by purchasing these socks online is priceless in and of itself.

Wearing the right pair of socks will make your [outdoor activity](#) the best it possibly can be.

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